

# UNLEASH THE POWER WITHIN

Your Life at a New Level

## Miami 2019

November 7-10, 2019

### REGISTRATION

**Wednesday, November 6:** 6:00pm – 9:00pm

**Thursday, November 7:** 8:00am – 11:00am

### EVENT SCHEDULE

Please note times are approximate and subject to change.

**Thursday:** 11:30am – 10:30pm

**Friday:** 8:30am – 10:30pm

**Saturday:** 8:30am – 11:30pm

**Sunday:** 9:00am – 7:00pm

### EVENT LOCATION

#### American Airlines Arena

601 Biscayne Boulevard

Miami, FL 33132

<https://www.aaarena.com/>

### AIRPORTS

#### Miami International Airport

2100 NW 42nd Ave, Miami, FL, 33126

7 miles to Arena

#### Fort Lauderdale-Hollywood International Airport

100 Terminal Dr, Fort Lauderdale, FL 33023

26 miles to Arena

### ATTIRE

Dress casually and comfortably throughout the weekend. The room can be extremely cool, so please bring a light jacket or sweater. For Thursday's Firewalk, we suggest that you wear shoes that slip off easily and pants that can be rolled up.

### FOOD

#### Thursday:

In preparation for the Firewalk, we suggest that you eat only light meals after 12:00pm. This will maximize the energy available to you in the evening.

#### Friday – Sunday:

We have incorporated time in the program for you to partake in a mid-day snack break.

With the exception of special diet items for medical purposes and baby formula/food, American Airlines Arena prohibits outside food and beverage. Guests desiring to bring in bottled water for formula, may do so in moderation, in a factory-sealed bottle. Glass jars and bottles are prohibited. **Guests can bring in 1 bottle of water and 1 prepackaged snack each day.**

### BAG POLICY

The American Airlines Arena requests that guests arrive early and travel light, as all guests and bags entering the American Airlines Arena are subject to search. Only fanny packs, purses and clear plastic bags 14" x 14" x 6" or smaller, will be permitted into the Arena.

### ACCOMMODATIONS

To view our room block properties and receive preferred rates, please visit: <https://book.passkey.com/event/49942570/owner/49181/home>

**NOTE: Room blocks will close as early as October 6. Book now to secure the preferred rates.**

### PARKING & TRANSPORTATION

Find out more about parking by visiting <https://www.aaarena.com/plan-your-visit/directions-parking>