

# UNLEASH THE POWER WITHIN

Your Life at a New Level

## Los Angeles 2019

March 14-17, 2019

### REGISTRATION

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**Wednesday, March 13:** 6:00pm – 9:00pm

**Thursday, March 14:** 7:00am – 10:30am

### EVENT SCHEDULE

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Please note times are approximate and subject to change.

**Thursday:** 11:30am – 10:30pm

**Friday:** 8:30am – 10:30pm

**Saturday:** 8:30am – 11:30pm

**Sunday:** 9:00am – 7:00pm

### EVENT LOCATION

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#### Los Angeles Convention Center

1201 S Figueroa St.

Los Angeles, CA 90015

South Hall GHJ

<https://www.lacclink.com/>

### AIRPORTS

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#### LAX – Los Angeles International Airport

1 World Way, Los Angeles, CA 90045

16 miles to LACC (26 mins)

#### BUR – Hollywood Burbank Airport

2627 N Hollywood Way, Burbank, CA 91505

17 miles to LACC (30 mins)

#### LBG – Long Beach Airport

4100 Donald Douglas Dr, Long Beach, CA 90808

25 miles to LACC (32 mins)

#### SNA – John Wayne Airport, Orange County

18601 Airport Way, Santa Ana, CA 92707

44 miles to LACC (48 mins)

#### ONT – Ontario International Airport

Ontario, CA 91761

43 miles to LACC (47 mins)

### ATTIRE

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Dress casually and comfortably throughout the weekend. The room can be extremely cool, so please bring a light jacket or sweater. For Thursday's Firewalk, we suggest that you wear shoes that slip off easily and pants that can be rolled up.

### FOOD

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#### Thursday:

In preparation for the Firewalk, we suggest that you eat only light meals after 12:00pm. This will maximize the energy available to you in the evening.

#### Friday – Sunday:

We have incorporated time in the program for you to partake in a mid-day snack break.

Outside food and beverages are not permitted in the LACC Center with the exception of sealed bottled water and sealed light snacks. Light snacks include single-serving items that would be consumed by one person. For example, granola bars, protein bars, bags of chips, crackers, beef jerky or whole fruit, etc. Empty refillable water bottles are permitted and can be refilled on the main concourse at LACC Center's drinking fountains. Coolers and grocery bags are not permitted in the LACC Center.

### ACCOMMODATIONS

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To view our room block properties and receive preferred rates, please visit:

<https://book.passkey.com/e/49799078>

### PARKING

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The Los Angeles Convention Center has 5,600 public parking spaces available to attendees and exhibitors, located within three convenient onsite parking structures. Please note that hours of operations for each garage do vary.